



Aquatic Centre

Admission Standards

Each swimmer shall take a shower with warm water and soap before entering the pool. (Ontario Public Pool Regulation 565.s.19.5)

Those with seizure disorders or other serious medical conditions should be accompanied by an individual knowledgeable of their condition and responsible for their direct supervision.

Aquatic Wristband Procedure

In response to recommendations set out by the Coroner of Ontario and YMCA Child Protection protocols, all participants 9 years and under who wish to swim in deep water or unaccompanied in the pool must complete a brief swim test prior to being admitted to the pool. They will be required to wear a wristband in the pool. Wristband colours are as follows:

5 Years And Under



- Must be accompanied **in the water** by a parent/guardian 16 years or older who remains within arm's reach at all times. Parent/guardian must remain in shallow areas of the pool where they can comfortably stand.
- **Ratio of children to parent/guardian 2:1**

Children who are 5 years and under who are able to complete the swim test may access deep water, accompanied by a parent/guardian. These children will be issued both a RED and GREEN wristband.

6 – 9 Years



- Children who do not successfully complete the swim test must be accompanied **in the water** by a parent/guardian 16 years or older who remains within arm's reach at all times. Parent/guardian must remain in shallow areas of the pool where they can comfortably stand.
- **Ratio of children to parent/guardian 4:1**

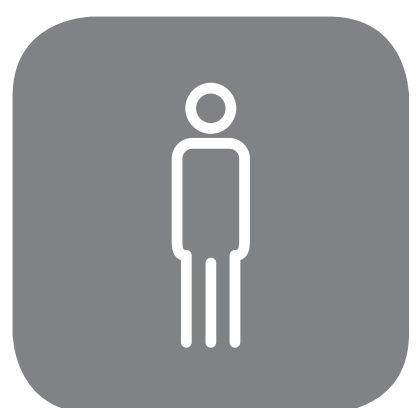
6 – 9 Years Who Complete The Swim Test



- Children who complete the swim test may access the pool unaccompanied; parent/guardian 16 years or older must remain **within the pool enclosure** and directly* supervise their children.
- **Ratio of children to parent/guardian 8:1**

** Direct supervision is defined as having visual and verbal contact at all times, and able to render immediate assistance at all times.*

10 Years And Older



- Participants 10 years and older may access the pool unaccompanied.
- Swimmers of any age may be asked to complete the swim test at the discretion of the Lifeguard.
- Based on swim ability, restriction to shallow water may be made.

Facility Admission Swim Test

Part 1: 25m Front Swim

The following standards must be maintained throughout the duration of the 25m swim:

- Face in the water.
- Overarm recovery.
- Horizontal body position.
- Propulsive forward motion.
- Comfortable in the water.

Part 2: Tread Water Test

Only delivered to those who successfully complete the 25m swim test:

- Jump away from the side of pool.
- Easily surface and begin to tread water.
- Head/ears maintained above water.
- Completion of required time – 1 minute.